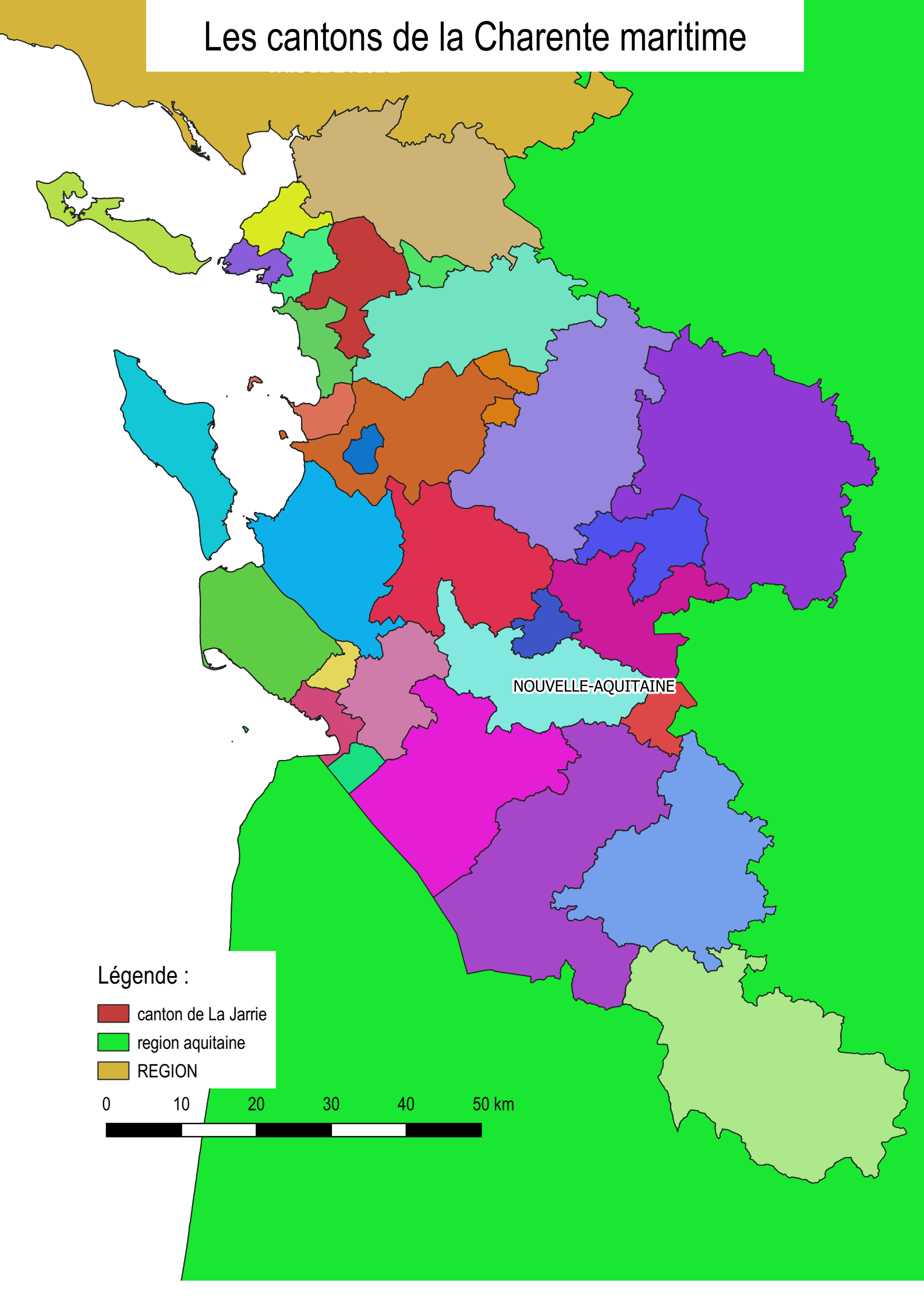Les cantons de la Charente maritime